

Adore & Cherish



Perinatal RN Care Collection

In-home RN care is secured through a complimentary consultation to determine clinical fit and availability. Start with the contact form or reserve your consultation directly.

Overnight Sleep Support (10 Hours: 8pm–6am)

Comprehensive overnight RN care providing real-time clinical oversight, feeding regulation, and structured sleep support.

- Real-time feeding assessment
- Sleep pattern evaluation
- Gentle rhythm shaping (no cry-it-out)
- Reflux & gas troubleshooting
- Detailed night logs with personalized guidance
- Minimum 2 nights required (Unless combined with other package)
- Hours can be adjusted upon request

Package Rates:

- 2 Nights – \$1,600
- 3 Nights – \$2,340
- 4 Nights – \$3,040
- 5 Nights – \$3,700

Extended bookings reduce the average nightly rate.

Newborn Stabilization (0–5 Weeks)

4 Hour In-Home RN Session \$499

Stabilize feeding. Shape sleep. Build confidence.

- Clinical feeding assessment (breast, bottle, combination)
- Sleep-wake cycle evaluation
- Excessive crying, gas, reflux assessment
- Hydration & diaper output review
- Safe swaddling, bathing, and newborn handling
- Personalized stabilization plan + reference binder
- 2 days RN text follow-up support

Upgrade Options:

- 10 Hour Night Support \$750 (Discount rate)
- Additional 4 Hour Day Support \$320
- 1 Week Text Support \$195

Beyond the First Month (6+ Weeks)

4 Hour In-Home RN Session \$399

For families navigating recovery and regulation beyond the newborn phase.

- Maternal recovery assessment & mood screening
- Feeding & supply evaluation
- Infant growth and milestone review
- Sleep pattern & regulation guidance
- Personalized Recovery & Regulation Plan
- 2 days RN text follow-up support

Upgrade Options:

- 10 Hour Night Support \$750 (Discount rate)
- Additional 4 Hour Day Support \$320
- 1 Week Text Support \$195

Newborn Crying Reset

(2–3 Hour RN Evaluation) \$349

Structured assessment for excessive or persistent newborn crying.

- Feeding mechanics & milk transfer evaluation
- Bottle flow & burping adjustments
- Reflux & gas troubleshooting
- Wake window and overtiredness correction
- Environmental & soothing strategy review
- Personalized action plan with clear next steps

Optional Add-Ons:

10 Hour Night Support (\$750)

1 Week of Text Support (\$195)

Birth Strategy Session

(2–3 Hour RN Preparation) \$199

Focused labor preparation led by an experienced Labor & Delivery RN.

- Real-world understanding of labor stages
- When to go to the hospital
- Common hospital interventions and decision points
- Pain management timing and expectations
- Immediate postpartum planning

Optional Add-Ons:

In-Hospital Text Support \$295

Personalized Birth Plan \$99

Includes 15% credit toward any Postpartum Package